

# *BUPERS/NPC SAFETY*

*Volume 5*

*March 2016*

**At work, at play, let safety lead the way**

## **Spring Break and Distracted Driving**

Spring break occurs during most of March into April, depending on the school district. During this time make sure you are not one of the approximately 660,000 people who drive while using your cell phone. With all the children playing outside during spring break, you need to be especially vigilant in residential areas. Children's lives depend on you. Some forms of distracted driving are:

- Texting
- Using a cell phone
- Eating or drinking
- Talking to passengers
- Grooming
- Reading-including maps or map apps
- Using a navigation system
- Watching a video
- Adjusting a radio, CD player or MP3 Player

Even when you do everything correctly accidents happen.

I was selected to be a juror on a vehicular manslaughter case in California. The driver was doing everything correctly trying to avoid a truck that was left in the middle of the highway. Unfortunately during his maneuvers to avoid the truck he lost control of his vehicle and struck a woman on the side of the road. The man was found not guilty but his life and the family of the woman who lost her life were changed forever. If the driver had been distracted I'm sure he would have been found guilty and sent to prison.

In 2010 and 2011 Tennessee had the largest number of crashes involving the use of cell phones in the United States. In 2010, 71 people in Tennessee lost their lives in fatal crashes that involved cell phones. In 2011, 93 people in Tennessee lost their lives in fatal crashes that involved cell phones. Using your cell phone while driving increases your risk of fatal crash. There isn't any text or phone call that is worth your life or another persons life. So put your phone away or turn it off when you are driving.

Facts and statistics taken from <http://www.distraction.gov>

## LINKS

OSHA  
<http://osha.gov/>

ESAMS  
[https://esams.cnic.navy.mil/ESAMS\\_GEN\\_2/LoginESAMS.aspx](https://esams.cnic.navy.mil/ESAMS_GEN_2/LoginESAMS.aspx)

Naval Safety Center  
<http://www.public.navy.mil/comnavsafe-cen/Pages/index.aspx>

## CONTACT US

BUPERS/NPC Safety Manager  
1-901-874-3405

BUPERS/NPC Safety & Occupational Health Specialist  
1-901-874-2331

BUPERS/NPC Safety Mailbox:  
[millbupersnpcsafetyw@navy.mil](mailto:millbupersnpcsafetyw@navy.mil)

## ADMINISTRATION NOTE: ASSIGNING TRAINING

If you add a new/transfer user to ESAMS, please ensure you also assign training.

To assign training:

1. Once the record is created and open, click on the Training Tab towards the top left.
2. Click on the Add New Duty/Task white rectangular box.
3. In the second block (title) type BUPERS and hit the Search button.
4. Check mark the 3rd. Option for All Hands. Click Save.
5. You are done assigning training! The system will determine the due dates for the users.
6. If the user is an ESAMS supervisor with no direct reports under them in ESAMS, do nothing.
7. If they are an ESAMS supervisor with direct reports under them, also assign the first option for Supervisor.

**NOTE:** The BUPERS/NPC Safety ESAMS Manual is now on the Sharepoint site of BUPERS Safety. This manual gives pointers on how to accomplish BUPERS/NPC requirements for ESAMS.

### **\*\*All ESAMS Representatives:**

**All ESAMS Representatives, excluding those at NSA MidSouth, are required to have a WESS account. All vehicle mishaps for military personnel, and civilian personnel operating government vehicles, are required to be filed in WESS and ESAMS. To apply for a WESS account:**

**<http://www.public.navy.mil/navsafecen/Pages/WESS/index.aspx>**

**UIC 66715 is required to have their own WESS account.**

1. All military and civilian personnel attached to a BUPERS UIC are required by policy, to have a valid ESAMS account. For assistance, please call 901-874-2331.
2. OPNAVINST 5100.12J requires all military personnel who operate a motorcycle on/off base to attend a COM-NAVSAFECEN approved motorcycle rider safety course. Class schedules can be found in ESAMS or at [www.navymotorcyclerider.com](http://www.navymotorcyclerider.com).
3. OPNAVINST 5100.12J also states that all military personnel under the age of 26 must receive an initial 4 hour traffic safety training course upon entrance into the USN. Additionally, all military personnel under the age of 26 must receive two hours of annual refresher traffic safety training. This training can be completed in ESAMS.