

Physical Readiness Program E-GRAM

**UPDATES AND ANSWERS TO FREQUENTLY ASKED QUESTIONS
5720 Integrity Drive, Millington TN 38055 - OPNAV N170B – September 2015**

Will PRIMS be programmed to allow Physical Readiness Test (PRT) data input for Cycle 2, 2015?

PRIMS staff is currently working with BOL to update the programming to allow PRT data entry for those members who either fail the Body Composition Assessment (BCA) or are medically waived from the BCA. Until the programming is updated, CFLs will be required to submit a letter of correction to OPNAV N170B to input PRT data for these members for Cycle 2, 2015. Please see the correction request template under the Help link in PRIMS and submit it with the original BCA and PRT score sheets.

Does the Cycle 2, 2015 BCA count towards a failure for the PFA?

No. BCA measurements taken in Cycle 2, 2015 will be input into PRIMS for monitoring purposes using the current methodology and BCA standards outlined in OPNAVINST 6110.1J. The PRIMS record will reflect a BCA failure; however, it will not count toward administrative purposes. Members failing the BCA shall be enrolled in the Fitness Enhancement Program (FEP) and in nutritional counseling.

What happens if a Sailor fails the Cycle 2, 2015 PRT?

A Sailor who fails any portion of the PRT during Cycle 2, 2015 will incur a failure for the PFA, and the failure will count towards administrative separation. The current Navy administrative separation standard of three failures in the most recent four years will continue in effect through 31 December 2015. On 1 January 2016 it will change to two failures in the most recent three-year period.

Reminder

Periodic Health Assessment (PHA). Members are required to have a PHA annually during their birth month, to assess changes to health status. Members are not authorized to participate in command/unit PT, PFAs or in FEP, if a PHA is not current.

Tip of the Month!

Encourage, Motivate and Educate