

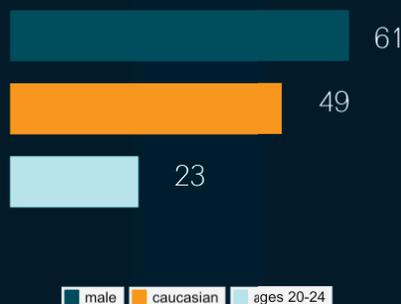
2012 DEEP DIVE FINDINGS

Annual Navy Suicide Cross Disciplinary Case Review

There were 58 active component and 8 reserve component suicides in 2012.



66
total suicides



41 Sailors died by firearm
14 Sailors died by hanging



33%
tested positive for alcohol



56%
died in their homes



42%
left a suicide note, goodbye letter or text

suicide is rarely the result of a single event or stressor...

stressors present in 2012 cases:

44% experienced a recent career transition



separation, retirement, recent promotion, demotion, PCS

29% were experiencing financial problems



bankruptcy, excessive debt

58% were experiencing significant relationship problems



marital troubles, loss of major relationship, infidelity

50% experienced a recent event that caused shame, guilt, humiliation or loss of status



general court martial, PFA failure, academic failure, moral conflict

44% were experiencing physical health issues



trouble sleeping, illness, weight gain

38% experienced trauma or abuse at some point in their lives



physical, sexual or emotional

70% experienced loss of belongingness



no friends at new duty station, inability to connect with peers, perception of being a burden

Help is always available. Call the Military Crisis Line at 1-800-273-8255 (press 1), text 838255 or visit www.militarycrisisline.net for free and confidential support 24/7.